

THIS IS TO CERTIFY THAT

Anna Solyakova

Received the certificate in
Vocal Health First Aid
on the

2nd April 2024

This certificate is valid for three years from this date

Has attended ten hours of seminars, and passed (with 65% or higher) the assessment for knowledge in these areas:

- An understanding of vocal health and the factors that can affect vocal wellbeing
- Practical skills to spot the signs of a range of vocal dysfunction and imbalance
- Knowledge to help someone towards recovery by
 - a) guiding them in self-management, or
 - b) passing them on to further support, whether that is specialist vocal rehabilitation coaching or clinical treatment
- An understanding of how to prevent vocal health issues from occurring in the workplace



This certificate is not to endorse the awarded to carry out singing voice rehabilitation, but acts as Continuing Professional Development.

This award acts as the first of three tiers towards becoming a full Singing Voice Rehabilitation Specialist with **Vocal Health Education**.